

MMA SPIRIT

HOME OF CHAMPIONS

„Reaching your (training) goals together...“

Our membership deals offer you the most flexibility possible and enable you to:

- Participate in all martial arts classes (except for “pro” classes)
- Participate in all functional fitness classes
- To work out in the gym and cardio area (from age 15 and above)
- Receive a full instruction on all weight lifting and cardio machines
- Use the sauna starting at 15yo or with permission of parents
- Use our showers
- To relax in our lobby
- Book personal training classes (additional costs)

Our membership fees depend on the length of contract and are divided into kids (5-15 years) and adults (15-xx) and are charged monthly via direct debit.

	1 month	3 months	6 months	12 months	24 months
Kids	99,00€	79,00€	69,00€	64,00€	54,00€
Adults	149,00€	129,00€	109,00€	99,00€	89,00€

	1 day pass	10 day pass	drinking flatrate*
Kids	15,00€	120,00€	10,00€
Adults	25,00€	200,00€	10,00€

	Trial class	sign-up fee* ²	membership card* ³
Kids	free (up to 3 times)	75,00€	10,00€
Adults	10,00€ each (up to 3 times)	75,00€	10,00€

* Members can book the drinking flatrate and drink as much as they like, using only the MMA Spirit drinking bottle that is handed out for free upon membership signature. A lost or defective bottle leads to the obligation to purchase a new bottle for 10,00€.

*² The sign-up fee is a one time cost upon membership signature.

*³ The membership card needs to be presented for check-in and check-out at the MMA Spirit counter upon arrival and departure. A lost or defective membership cards leads to the obligation to purchase a new card for 10,00€. Please keep away from magnetic fields.